

Safe Medications & Vaccines in Pregnancy



Allergies

Adhesive Nasal Strips
Allegra
Benadryl
Claritin
Flonase Allergy Relief
Nasonex
Saline Nasal Spray
Singulair
ZYRTEC

Cold, Flu & Cough

Chloroacetic Spray
Cough Drops / Lozenges
Delsym
Dextromethorphan
Mucinex
Robitussin
Sudafed (2nd and 3rd Trimester)
Tylenol Cold and Flu
Vicks

Constipation

Benefiber
Citrucel
Colace
FiberCon
Metamucil
Milk of Magnesia
MiraLAX
Senokot

Diarrhea

Imodium A-D
Kaopectate
Simethicone (Milicon or Gas-X)

Headaches, Aches & Pains

Magnesium Oxide
Tylenol / Acetaminophen
No Advil, Aspirin, Ibuprofen or Motrin

Heartburn, Reflux & Gas

Axid
Maalox
Mylanta
NEXIUM
PEPCID
Prevacid
Prilosec OTC
Rolaids
Simethicone (Mylicon or Gas-X)
TUMS Antacid Chewable Tablets

Hemorrhoids

Anusol-HC
Preparation H
Tucks Medicated Cooling Pads

Insomnia

Benadryl
TYLENOL PM
Unisom

Nausea & Vomiting

Dramamine
Emetrol for Nausea & Upset Stomach
Tigan
Vitamin B6

Vaginal Yeast Infection

Clotrimazole / Gyne Lotrimin
Femstat Vaginal
Monistat (7-Day Insert)
Mycelex

Vaccines

Hepatitis A
Hepatitis B
Influenza
TB Skin Test
Tetanus (Tdap)

Prescription Medications

Albuterol Inhaler
Amoxicillin / Ampicillin
Augmentin
Azithromycin / Zithromax
Bonjesta
Compazine
Diclegis
Erythromycin
Fioricet
Keflex
Macrobid
Mycolog II Cream
Phenergan
Lidocaine (Local Anesthetics)
Nystatin
Penicillin
Prednisone
Reglan
Tamiflu
Terazol
Theo-Dur / Theophylline
Valtex
Ventolin

Other

Hydrocortisone / Cortisone Cream
Nix Lice

NOTE: If you have questions about any medications not included on this list, please talk to your provider.